

Management of Dehydration

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NO DEHYDRATION(PLAN A)

- GIVE EXTRA FLUID
- CONTINUE FEEDING
- GIVE ORS AND ZINC
- TELL THEM WHEN TO RETURN

When to return

- Many watery stools
- Repeated vomiting
- Marked thirst
- Poor eating
- Blood in stool
- Fever

Some dehydration- PLAN B

- GIVE Recommended ORS in 4 hrs

AGE	Up to 4 months	4 months to 12 months	12 months to 2 years	2 years to 5 years
WT	<6 kg	6-10 kg	10- <12 kg	12-19 kg
In ml	200-400	400-700	700-900	900-1400

- 75 ml/Kg in 4 hrs
- Show the mother how to give ORS
- Reassess after 4 hrs

PLAN C/Severe Dehydration

- IF IV available- Give IV (if the patient can drink, give ORS till drip is ready)
- RINGER LACTATE 100ml /kg

AGE	30 ml/kg	70 ml/kg
INFANTS <12 MONTHS	1 hr	5 hr
OLDER	30 minutes	2 and half hr

PLAN C/severe dehydration

- If IV not available here but available in 30 minutes distance
 - Send for IV fluid therapy with advice of ORS sips on the way
- NO IV available nearby
 - You are trained to use NG tube feeding
 - Give ORS by NG tube- Give ORS @20 ml/kg/hr for 6 hrs
 - Reassess every hr---if no improvement send for iv
 - You are not trained to use NG Tube
 - If pt can drink—offer ORS
 - Otherwise---send for IV